

# VISION AND GOALS

At the end of this unit, will be able to:

1. Describe what a vision is and explain how to develop your own vision
2. Formulate your personal, academic and career goals
3. Compile action plans for your goals

# DEVELOP YOUR OWN VISION

## ***A vision is a future dream***

:  A dream that you know you will be able to reach

A dream that you want to achieve within a specific time  
you have a vision you can set goals!

## ***A vision must be:***

Achievable

Positive and inspiring

Give direction to your life

Be ethical

# SETTING GOALS FOR YOURSELF

To achieve your **Vision** you have to set **goals**. You have this big dream (your vision) that you want to achieve. To help you in the process of achieving your dream, you have to set goals. Goals will help you to stay focused and motivated.

Goals give your life meaning. **You have to set goals for your personal life, for you as a student and goals for your career.**

HOW DO YOU WRITE A GOAL?  
TO WRITE GOOD GOALS, THEY MUST BE  
SMART

<b>SMART GOALS</b>	
<b>Specific</b>	What exactly will you do
<b>Measurable</b>	How will you know that you have achieved your goal?
<b>Achievable</b>	What can stop you from achieving your goal?
<b>Relevant</b>	What about your goal is important to your vision?
<b>Timed</b>	When do you want to complete your goal

## EXAMPLE OF A SMART GOAL.

**For example: I want to do really well in the PLP this year.**

**Specific:** I want to get 65% for all my PLP subjects at the end of the year

**Measurable:** By the end of this week, I will have spoken to all my lecturers to ask advice and feedback to improve my marks.

**Achievable:** By Monday next week I will have a weekly time schedule and a monthly calendar to help me stay on track. My schedule will show my class times, study times and when I can take a break. I will make sure I give myself enough time to do revision of all my subjects every week

**.Relevant:** I really want to study IT next year. To get good marks is important because I will not be able to study IT if I do not achieve my goals. What will stop me from achieving my goals is not studying hard enough

**.Timed:** I will achieve 65% or more for each of my PLP subject from the first test this year to get a final average mark for the PLP of 65% or more.

## SET ACTION PLANS

Now you have to implement your action plan and tasks.  
Remember to speak to people who will be able to support you.

**You also have to regularly check your progress by asking:**

*Have I forgotten anything?*

*What do I have to change?*

*Do I have to adjust the time schedule?*

*Regularly review your vision, goals and action plans and change them if necessary.*